



## SPORT AND EXTRA MURAL ACTIVITIES

### DEFINITION :

Extracurricular activities are those that fall outside the realm of the normal curriculum of school, performed by learners and instructed by teachers and / or professional coaches.

### PRINCIPALS :



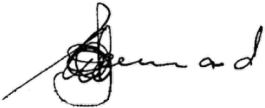
At DUNATOS sport and extra mural activities don't play a very big part of the school activities due to :

- The main goal of the school being teaching curriculum to learners with barriers to learning.
- Not enough learners per age group to make up a team.
- A lot of learners struggling with gross motor and fine motor skills.

### PRACTISING SPORT AND EXTRA MURAL ACTIVITIES AT SCHOOL :

<ul style="list-style-type: none"> <li>• Physical training for High School learners as part of their curriculum as prescribed by the WCED takes place during school hours. Instruction done by an appointed teacher.</li> <li>• Physical training for Primary School and SKILLS learners as part of their curriculum during school hours, instructed by an appointed teacher and with the main goal :                             <ul style="list-style-type: none"> <li>○ To develop and improve gross motor skills</li> <li>○ To develop sportsmanship</li> <li>○ To develop social skills</li> <li>○ To develop the skill of teamwork</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>○ During school hours</li> <li>○ Included in school fees</li> <li>○ Also plays soccer and netball</li> <li>○ Soccer and Netball matches played once a year against Paarl School(LSEN)</li> </ul>
<ul style="list-style-type: none"> <li>• Karate classes – Private coach</li> <li>• Drama classes – Private coach</li> <li>• Modelling classes – Private model</li> </ul>	<ul style="list-style-type: none"> <li>○ After school hours</li> <li>○ Extra fees</li> </ul>
<ul style="list-style-type: none"> <li>• Horse riding lessons and therapy – Private trainer</li> <li>• Music Lessons – Private music teacher</li> </ul>	<ul style="list-style-type: none"> <li>○ During and after school hours</li> <li>○ Extra fees</li> </ul>

### SIGNED AND CONFIRMED

		
<p>Mrs. M L Stander Principal / Owner</p>	<p>Mrs. S Van Zyl Vice Principal</p>	<p>Mr. T Barnard Governing Body</p>